

**Living with Diabetes
is back in-person!**



Living with Diabetes
is a FREE diabetes education
and discussion group.

At each meeting, a diabetes
related health topic is presented
by the Monroe County Health
Department's *Live Well. Be Well.*
team. Topics change monthly and
include nutrition, preventing
diabetes complications, and
overall diabetes health.

Living with Diabetes

Where:

Monroe County Health Department
2353 S. Custer Rd.
Monroe, MI 48161

When:

The third Tuesday of the month
(Group does not meet July, August, or December)

Time:

5:30 PM - 7:00 PM

For more information on
Living with Diabetes or
upcoming topics,
contact *Live Well. Be Well.*

734-240-7800

LiveWell_BeWell@monroemi.org

Individuals with
prediabetes, diabetes, and
support persons are welcome!